



FLYING FIFTEEN ASSOCIATION OF IRELAND
NORTHERN CHAMPIONSHIPS 18TH & 19TH MAY 2019
STRANGFORD SAILING CLUB



SAILING INSTRUCTIONS

- 1 **RULES:**
Racing will be governed by the current ISAF Racing Rules of Sailing (RRS), the prescriptions of the RYA, the rules of the Flying Fifteen Association, these Sailing Instructions (SIs) and any amendments hereto. The event is designated category "C".

- 2 **NOTICES to COMPETITORS**
Any alterations of the SI's will be posted on the Official notice board located in the main hall of the Clubhouse.

- 3 **CHANGES TO SAILING INSTRUCTIONS**
Any changes will be notified no later than 1.5hrs prior to scheduled start of the first race on the day it will take effect, except that any change in the schedule of races will be posted by 20.00 hrs. on the day before it will take effect. It is the sole responsibility of each competitor to ensure that they have appraised themselves of any such alterations.

- 4 **SIGNALS MADE ASHORE**
Signals made ashore will be displayed on the Club Flag Pole. After a postponement has been signaled from the Club Flag pole, the Warning Signal will be made not less than 60 minutes after this signal has been lowered.

5 **SCHEDULE OF RACES**

5.1 Racing is scheduled as follows:

DATE	RACE	WARNING SIGNAL	HIGH WATER	LOW WATER
Saturday 18 th May	Race 1	11.30 Hrs.	13.30 Hrs.	19.30 Hrs.
	Race 2	Back to Back		
	Race 3	Back to Back		
Sunday 19 th May	Race 4	11.30 Hrs.	14.10 Hrs.	20.15 Hrs.
	Race 5	Back to Back		

5.2 **NUMBER OF RACES TO CONSTITUTE A SERIES**

One Race will constitute a series.

6 CLASS FLAGS

The Class Flag shall be Naval Pennant 6.

7 RACING AREA

The race area will be Strangford Lough south of Dunnyneill Island.

8 COURSES

A separate Course Sheet will be supplied to each boat and will rank as part of these Sailing Instructions. (See accompanying Course Sheet – Appendix A). Triangle Course Flag T will be displayed. Windward/Leeward course Flag W will be displayed.

9 MARKS

Start, finish and windward spreader marks are orange cylindrical lomo marks. Marks 1, 2 & 3 are orange cylindrical 'Calor' marks.

11 THE START

11.1 Races will be started by using rule 26 with the warning signal made at 5 mins before the starting signal.

11.2 The starting line shall be between a red and white pole on the Committee Boat and an orange lomo mark.

11.3 A boat starting later than 10 minutes after her starting signal will be scored 'Did Not Start' without a hearing. This changes Rule A4.

12 COURSE CHANGES

12.1 In amendment of RRS 32, the course may be shortened for any reason at the discretion of the Race Officer.

12.2 If IC 'Flag S' is flown at a mark (with repeated sound signals) all boats, after rounding that mark, will then sail directly to the finish, and finish by crossing the line from the direction of the mark.

13 THE FINISH

13.1 The finishing line shall be between a red and white pole on the Finishing Boat and a finishing mark.

13.2 When on station the Finishing Boat shall display a blue flag.

14 TIME LIMIT & TARGET TIMES

14.1 The time limit for the leading boat to finish shall be 2 hours.

14.2 In amendment of RRS 35 any boats that fail to finish within 30 minutes of the leading boat shall be deemed to have retired and receives scoring 'Did Not Finish'.

15 PROTESTS

In addition to the obligations of RRS 61.1 (a) protesting boats shall, immediately after finishing, inform the Race Officer of the sail number(s) of boat(s) protested against. Protests shall be delivered in writing to the Race Office within Protest Time. The protest time limit is 60 minutes after the last boat has finished the last race of the day. A schedule of Protest Hearings will be posted on the Official Notice Board as soon as practicable each day.

16 SCORING SYSTEM

Five races are scheduled of which 1 shall be completed to constitute a series. The scoring system, Appendix A 4.1, low point system will apply, except that:

- (a) If only three or less races are sailed all shall be counted.
- (b) One discard shall apply after four or more races are completed.

17 SAFETY REGULATIONS

17.1 A boat, which retires from a race, shall make every effort to inform the Race Committee Boat, a Mark Boat, a Rescue Boat or the Race Office as soon as possible.

17.2 Personal buoyancy for each crewmember onboard shall be worn, (this changes Rule 40). All boats shall carry paddles, anchor line and bailers in compliance with the Class Rules.

18 REPLACEMENT OF CREW OR EQUIPMENT

The race committee is authorised to permit, if the Class Association approves, a competitor to substitute another boat if his/her own boat has been damaged in transit or during racing. Crew substitution shall be at the sole discretion of the Race Committee.

19 EQUIPMENT & MEASUREMENT CHECKS

19.1 Only certified sails shall be used. Except as permitted by this SI, boats shall use their correct sail numbers. Permission to sail under any other number shall be sought in writing from the Race Committee before going afloat and will be granted only in exceptional circumstances.

19.2 All boats must have a valid Class Certificate.

19.3 The race committee or an Official appointed by the race committee may inspect any competing boat at any time and any boat found not to be in compliance with the rules of the Flying Fifteen Class Association shall be barred from further competition until the offending matter has been rectified. If any races have already taken place the boat may, at the discretion of the Race Committee and the Flying Fifteen Association, be disqualified from any or all such races.

20 RISK STATEMENT

20.1 The organising club, its officers and agents, accept no responsibility for any damage to boats or for personal injury occurring while afloat or ashore. Competitors' attention is drawn to RRS fundamental rules 3 & 4 especially in relation to races being run in heavy weather.

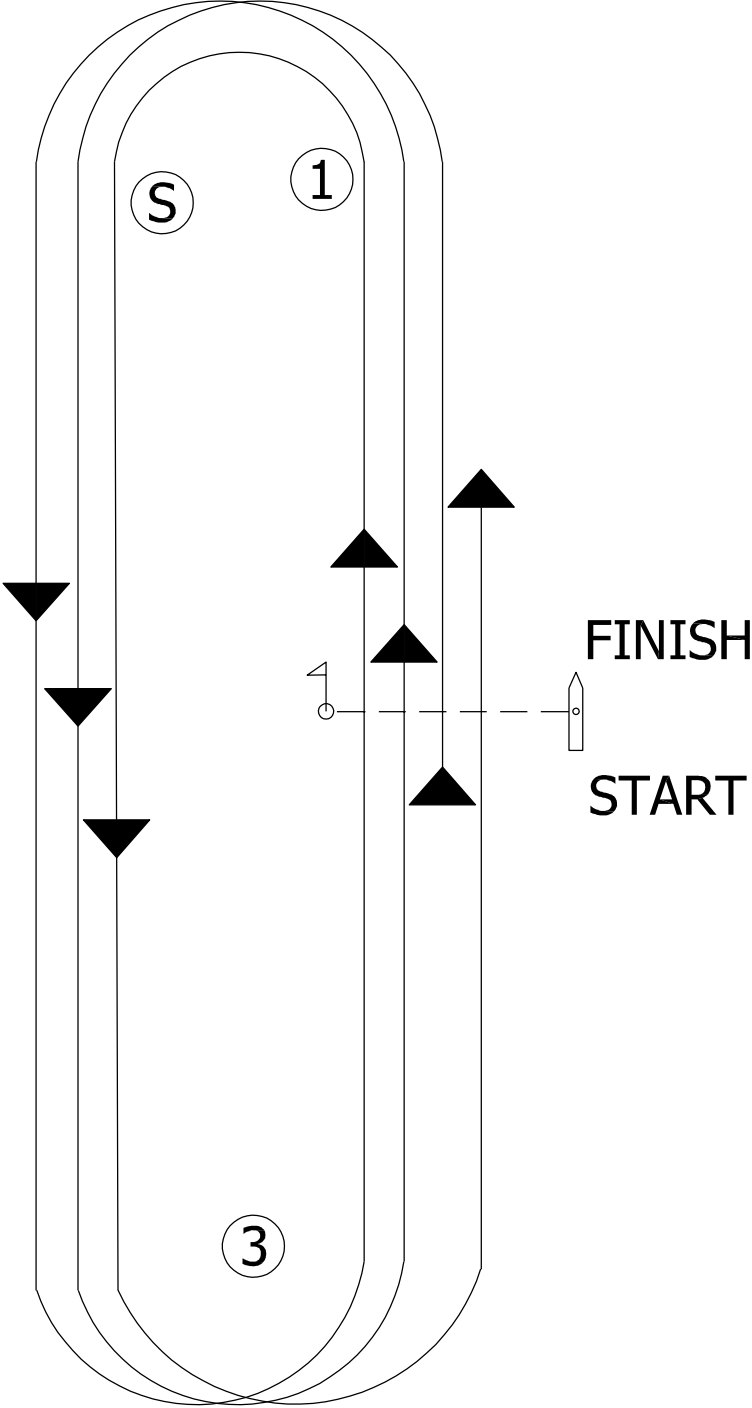
20.2 Rule 4 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone'
Sailing by its nature is an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate.
- (e) The provision of a race management team, safety boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities.
- (f) The provision of safety boat cover is limited to such assistance, particularly in extreme weather conditions as can be practically provided in the circumstances.

21 INSURANCE

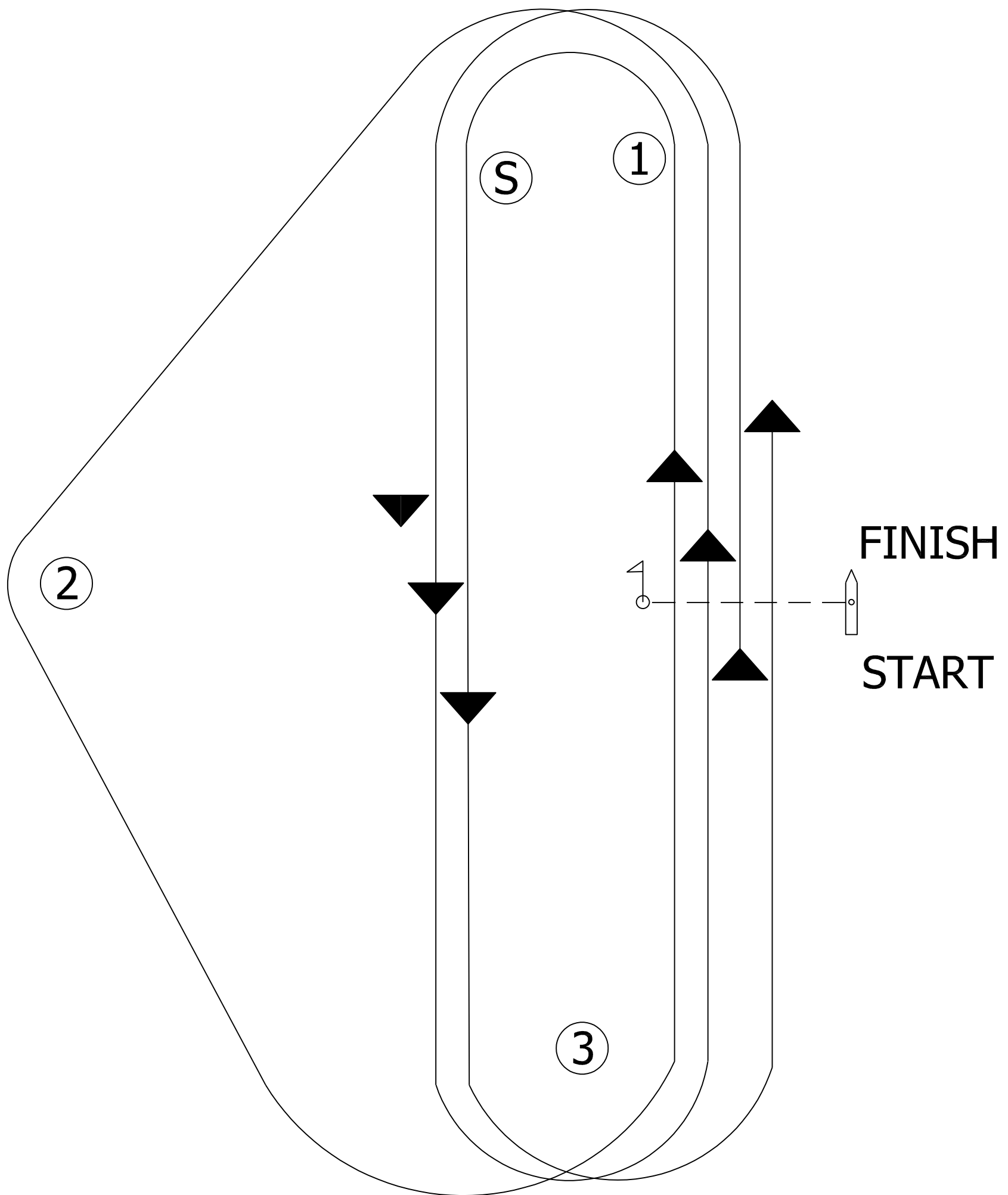
Each participating boat shall be insured with valid third- party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.

COURSE: WINDWARD - LEEWARD
CODE FLAG W



START, 1, S, 3, 1, S, 3, 1, S, 3, FINISH

COURSE: WINDWARD - LEEWARD TRIANGLE
CODE FLAG T



START, 1, S, 3, 1, 2, 3, 1, S, 3, FINISH